

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Center Plate
Grain
• Cinnamon Toast
Meat/Meat Alternate
• Cheesy Scrambled Eggs
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

2

Center Plate
Breakfast Entrée
• Chicken Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

3

Center Plate
Breakfast Entrée
• Pancake Wrapped Turkey
Sausage
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

4

Center Plate
Breakfast Entrée
• Turkey Ham & Cheese
Croissant
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

5

Center Plate
Grain
• Cinnamon Toast Crunch
Pastry
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

8

Center Plate
Breakfast Entrée
• Cheesy Grits
Misc
• Turkey Bacon
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

9

Center Plate
Breakfast Entrée
• Turkey Sausage Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

10

Center Plate
Breakfast Entrée
• Buttery Maple Waffle
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

11

Center Plate
Breakfast Entrée
• Egg & Cheese Flatbread
Sandwich
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

12

Center Plate
Breakfast Entrée
• Toasted Bagel
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

15

Center Plate
Grain
• Oatmeal Toppings Bar
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

16

Center Plate
Breakfast Entrée
• Egg and Cheese Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

17

Center Plate
Breakfast Entrée
• Turkey Sausage Breakfast
Pizza
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

18

Center Plate
Breakfast Entrée
• English Muffin with Turkey
Sausage and Cheese
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

19

Center Plate
Breakfast Entrée
• Mini Cinnamon Cream
Cheese Bagel
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

22

Center Plate
Grain
• Cinnamon Toast
Meat/Meat Alternate
• Cheesy Scrambled Eggs
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

23

Center Plate
Breakfast Entrée
• Chicken Biscuit
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

24

Center Plate
Breakfast Entrée
• Pancake Wrapped Turkey
Sausage
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

25

Center Plate
Breakfast Entrée
• Turkey Ham & Cheese
Croissant
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

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Center Plate
Grain
• Cinnamon Toast Crunch
Pastry
Cold Bar
Grain
• Assorted Cereals
• Assorted Graham Crackers
Meat/Meat Alternate
• Assorted Yogurts
• Mozzarella String Cheese
Assorted Fruit Options
Assorted Milk Options

29

Center Plate

Breakfast Entrée

- Cheesy Grits

Misc

- Turkey Bacon

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

30

Center Plate

Breakfast Entrée

- Turkey Sausage Biscuit

Cold Bar

Grain

- Assorted Cereals
- Assorted Graham Crackers

Meat/Meat Alternate

- Assorted Yogurts
- Mozzarella String Cheese

Assorted Fruit Options

Assorted Milk Options

Nutrition & Allergen Information (NSLP): Nutrition and Allergen information is based on data obtained from manufacturers and may vary due to product substitutions, recipe variations and even customer choice and personal consumption. , If you or any individual on whose behalf you are using this tool have a medical condition please check the manufacturer label before consuming any food at your dining location. , This information and the menus can change regularly and foods are substituted periodically without notice. To obtain the most updated information contact your café manager. , In our reimbursable meal programs, a variety of milk choice is offered. , In our offer versus serve programs, each reimbursable breakfast must include at least 3 items, one of which must be at least a half-cup fruit selection. , In our offer versus serve programs, each reimbursable lunch must include at least 3 components, one of which must be at least a half-cup fruit or vegetable selection.

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